

## Hello ORACLE!

You're a gifted and sensitive Psychic Medium! You likely receive your intuitive input through several senses -hearing (clairaudience), sight (clairvoyance), physically (clairsentience), emotionally (clairempath) and energetically (spirit). Your intuitive ability is very strong and can be used in a variety of ways. You naturally use this gift in your work, whether you are aware of it or not, the information may feel like your own thoughts, or feelings and not as some dash of bright light, or obvious stroke of insight. Because you are a psychic and a medium you have the ability to receive psychic information as well as connect with those who have passed over.

That's like a two for one deal in the spirit world! :) You have likely had several strange intuitive experiences that you may still be trying to understand...just know that you're in the right place, even if you don't always feel like you fit in, or if others think you're a bit kooky.

# PsychicSPIRIT

### Affirmations:

"I am safe to receive messages from spirit."

"Spirit is here to support, love and care for me."

"I cannot receive anything that is not already a part of me.".

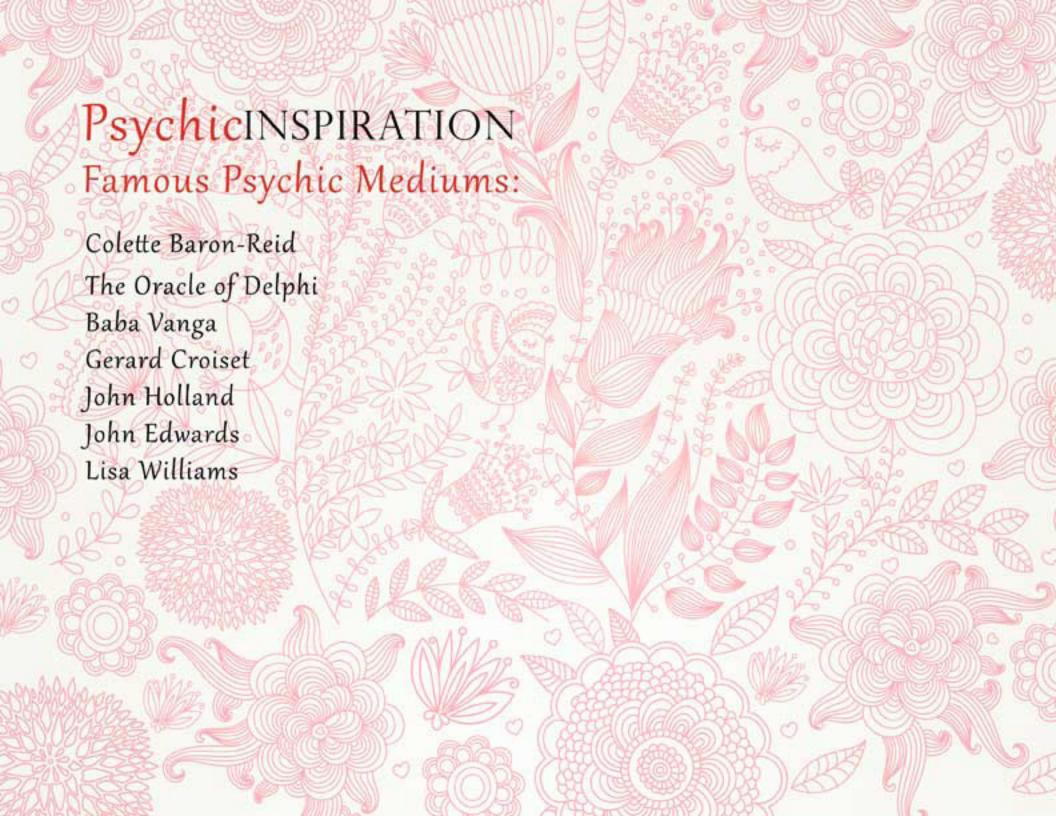
#### Chakras:

3rd, 5th, 7th

#### Beneficial Gems & Crystals:

Moonstone, Herkimer Diamond, Quartz, Iolite, Amethyst, Selenite, Spirit Quartz, Phenacite, Obsidian, Celestite, Blue Sapphire, Kyanite, Lapis Lazuli, Sodalite, Aquamarine, Moldavite, Blue Tanzanite, Peridot, Serpentie, Prehnite, Green Chrysoprase. Yellow Citrine, Golden Apatite.

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# PsychicIMPRESSIONS

#### How to use your gift:

Being a psychic medium means that often you are receiving intuitive information multiple times a day, it may be very obvious to you when this happens, or it may be something you have become so used to, you have just always assumed it came from you, never really questioning it (1 mean it has been with you your whole life right?) The first step is to begin to determine where and how you receive your intuitive information...when does it often come to you, when you receive a message - does it come to you as a thought, in your own voice? Or as a word that stands out in the title of a book, or lyric in a song that you can't get out of your head? Once you become more aware of this, then you can begin to put its power to use for you, to help you in your own life and work as well as the lives of others.

# PsychicIMPRESSIONS

#### How to develop your gift:

First it is important to mention that while you have experienced, and carry within you many of the psychic gifts, there is likely only one or two that you utilize most frequently. Often it is the gifts of clairvoyance, or clairaudience, but only you know the answers to this question. First identify which gift you feel most comes naturally to you, how do you most commonly receive information, is it through daydreams/pictures, is it through sounds/thoughts, is it through feelings/emotions in your body?

Once you have identified this, the next step is to sit or lie quietly and focus on your breathing, allow yourself to begin by relaxing your feet, once relaxed move from there to your legs, then hips, then belly, all the way up to your head. Once you feel completely relaxed, ask intuitively to be shown/told,/given what you most need to know or see right now.

# PsychicIMPRESSIONS How to develop your gift - continued:

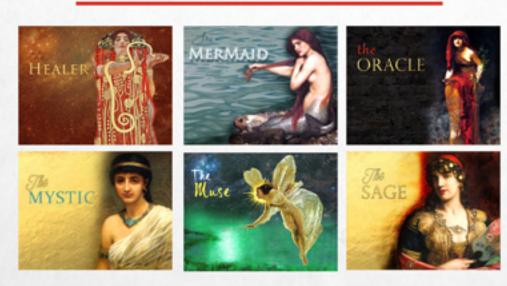
It may take a little while for it to come, sometimes you may need to do this for a few days, to see what comes to you. Often it may just appear as though you are making it up, but the more you do this, the more clear messages will come to you...and once they do you will know that they have come from spirit, as they will be something you could not possibly have known. Maybe it will be a word, or a picture, or you will be shown a name or time on a screen in your mind, or feel a touch on your body, or a wave of emotion.

Be sure to write down everything you interpret after each session...even if you think you're "making it up". The more you do this, you will soon begin to realize that you are being given messages all the time. If you don't have much time to set aside, you can also ask for information be given to you throughout your day. It may come to you through a word or a title on a book or magazine, or a line from a song on the radio. Be open.

## PsychicFUSION

You may find as you're reading this guide that you feel drawn to other psychic styles, it is natural to be a blend of more than one. Afterall, there is so much to us, parts that we're aware of, and other aspects that are constantly evolving. I'm personally a combination of the Oracle, The Muse, and The Healer with a splash of Mermaid. You may find it helpful to practice the techniques from the other guides and see what unfolds..

#### >>WANT ALL 6 GUIDES? YOU CAN GRAB THEM HERE! << SHARE FOR INSTANT ACCESS



## PsychicRISING

#### What to do next...

What you give importance and dedicate time to - consistently on a daily basis grows and improves. Taking the techniques in this guide (and the others) will help you become more intimate and feel more connected to your psychic side.

Find or create a moment during your day where you have some quiet time to yourself (early morning, lunch hour, evening before bed) and make space for your practice. Placing this as a priority in your life can completely transform your gifts and start bringing regular and consistent intuitive insight and experiences into your awareness.

Try to refrain from doubting or judging your experiences, just be open & allow what is there to come through. Sitting quietly and feeling into the silence + space around you.

# PsychicRISING

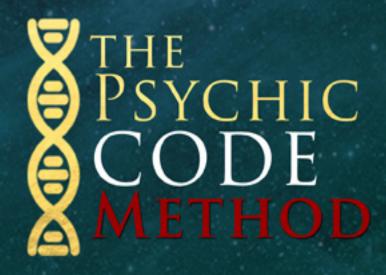
It can help to record your experiences, thoughts and feelings in a journal afterwards. What we record + track improves and expands. You may find after re-reading your journals that messages and patterns emerge that you weren't aware of initially. Often these can provide the most profound and deep insights to us, and build our confidence along the way.

When you're finished and are feeling read to share, dig deep and inquire into your experiences post your questions, and share your realizations in the

THE SACRED HUSTLE Facebook group for some feedback, support, and suggestions on how to take your practice deeper.

# Want To Go Deeper?

LEARN HOW TO RECEIVE IMMEDIATE & DEEP INTUITIVE INSIGHT NATURALLY USING....



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